



Wholetime Firefighter Process

Stage 1: On line Numeracy, Literacy, Mechanical and Situational Judgment

Stage 2: All candidates will be required to complete and submit an online application form

Stage 3: Job Related Tests

The following job related tests will be undertaken:

Test	Description
Bleep Test	To assess aerobic fitness candidates will be expected to achieve Level 8 Shuttle 7 (42.3 VO2 max) <i>If you are unsuccessful in achieving the required level at this point, you will be withdrawn from the process</i>
Ladder Climb	To assess candidate's confidence at heights and ability to follow instructions
Ladder Lift	To assess upper body strength
Equipment Carry	To test aerobic fitness, stamina, upper and lower body strength
Equipment Assembly	To test manual dexterity
Enclosed Spaces Test	To assess confidence working within confined spaces
Handgrip Test	25kg in both the dominant and non-dominant hand.
Hose Running	To assess aerobic fitness and co-ordination

To view some of our job related tests being carried out, please click the YouTube links below or visit our website: <https://www.notts-fire.gov.uk/careers/Pages/JRTs.aspx>

Stage 4: Assessment Centre

Candidates will be invited to an Assessment Centre, which will include a team exercise, presentation and formal interview. Candidates will be required to attend on 2 separate days. Please note candidates will also be expected to complete a verification of the Numeracy, Literacy and Mechanical assessment to check authenticity of the Stage 1 online ability test. Prior to the Assessment Centre candidates will be asked to complete an online Emotional Resilience questionnaire.

Stage 5: Pre-employment Screening and Swimming Test

Candidates will be invited to a local swimming pool and will be required to demonstrate their ability to swim unaided for a minimum of 25 metres.

Candidates will undertake a full medical, substance misuse test, and be subject to a baseline personnel security standard check which will include 3 year employment history and asylum and immigration check. References will be taken up at this stage.



NOTTINGHAMSHIRE

Fire & Rescue Service

Creating Safer Communities

Please note that due to the current COVID19 pandemic the process will be subject to required social distancing rules and may be subject to change dependant on Government advice.